

# ANALY HIGH SCHOOL

## 2009-2010 ATHLETIC PARTICIPATION REQUIREMENTS

THE FOLLOWING INFORMATION **MUST** BE COMPLETED AND TURNED IN TO AN ATHLETIC DEPARTMENT REPRESENTATIVE AT REGISTRATION OR THE HEALTH TECH. DURING TUTORIAL OR LUNCH, **BEFORE** CLEARANCE FOR A TRYOUT OR PRACTICE WILL BE GIVEN:

**\*\*THESE FORMS NEED ONLY TO BE COMPLETED ONCE IN A SCHOOL YEAR\*\***

(Athletes needing clearance for a second or third subsequent sport need only to bring the transportation fee to the Health Tech office during the school day.)

- PHYSICAL (REQUIRED YEARLY BY THE STATE OF CALIFORNIA / DOCTOR OR NURSE PRACTITIONER ONLY.**
- EMERGENCY INFORMATION
- PARENT/STUDENT SIGNATURES (PLEASE CHECK ALL PAGES)
- TRANSPORTATION (\$ **80.00 PER SPORT**) PLEASE MAKE CHECKS PAYABLE TO ANALY HIGH SCHOOL.
- ACADEMIC/CREDIT ELIGIBILITY (DETERMINED BY HEALTH TECH. OR ATHLETIC DIRECTOR)
- EJECTION POLICY NOTIFICATION FORM

**STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE IN TRYOUTS OR PRACTICE UNLESS ALL OF THE ABOVE ITEMS ARE COMPLETED AND A CLEARANCE FORM IS ISSUED TO THEM MARKED “CLEARED FOR ATHLETIC PARTICIPATION.”**

### NOTICE TO STUDENTS REGARDING ELIBIBILITY TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS

Transferring from one high school to another may drastically affect your athletic eligibility. A complete explanation of CIF transfer rules can be found at [www.cifstate.org](http://www.cifstate.org) It is your responsibility to see your school principal or athletic director for a copy of the rules.

# 2009-2010 ATHLETIC PARTICIPATION REQUIREMENTS

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

**Only one set of athletic forms will be required for the entire school year  
Students must check in the Health Technician's office prior to tryouts in each sport.**

**\*Please answer the question at the bottom of this page before continuing**

***\*\*\*Please do not write in the following section\*\*\****

<b><u>Sport</u></b>	Date	Method of Payment	Physical Clearance	Academic Clearance	Probationary Qtr. Waiver	Transfer Eligib.
Cross Country B G						
Football						
Tennis B G						
Soccer B G						
Cheerleading						
Volleyball						
Basketball B G						
Wrestling						
Baseball						
Golf B G						
Softball						
Swimming B G						
Track B G						

<p><b>**Have you attended any High School other than Analy in the past 12 months? Yes or No (circle one) if yes, you must see your Athletic Director for clearance.</b></p>
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## ACTIVITY PARTICIPATION CODE

### **Article 1: Scholastic Eligibility**

In order to be scholastically eligible for extra-curricular activity, students must adhere to the following rules:

1. Each 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grade student who earned less than **25 units** of work during the preceding semester, or had a GPA of less than 2.00 during the previous grading period shall be ineligible.
2. Each 12<sup>th</sup> grade student, who earned less than **20 units** of work or had a GPA of less than 2.00 during the previous grading period, shall be ineligible.
3. Academically ineligible students in grades 10-12 may use a one-time probationary quarter which would make the student eligible until the next grading period. Probationary quarter forms may only be used for the 2.00 standard NOT FOR THE 25/20 UNIT REQUIREMENTS. Forms are available from the Athletic Director.
4. Summer school grades or units may be added to spring units to meet either the 25/20-unit requirement or the overall 2.00 GPA. (See Administrative Regulations)

### **Article II: Citizenship and Behavior**

1. Any student placed on a probationary discipline contract is ineligible to participate in any extra-curricular activity.
2. Any violation of specific team/activity rules will be dealt with by the coach/advisor.
3. Any violation of school rules, or violation of civil or penal codes, may be dealt with by school officials. If a student violates any of the above rules, the following punishments will normally be instituted and s/he may be removed from participation in accordance with the guidelines below:
  - A. If the violation occurs on campus or at a school-sponsored or related event (at any time), the individual will be under the jurisdiction of the school authority with penalties in accordance with the school-board policy.
  - B. Conduct unbecoming a student-athlete and/or behavior, which reflects negatively on the school and/or the activity/sport at any time, whether on or off campus, can result in removal from that activity/sport or prevention from future participation in the program for up to 45 days. Determination will be made by the school administration in consultation with coaches and the Athletic Director. (Prior to the decision, the parents and participant will be provided an opportunity to present their position.)

### **Article III: Season of Sport/Activity**

Each activity/sport has a season. The season begins with the first day of official activity/practice and ends the last scheduled activity.

### **Article IV: Recreation and/or Outside Teams**

A student on a high school team becomes **ineligible** if the student competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport. Example: Girls' Softball and Bobby Sox, Church Team, etc. (Fall soccer is excluded from this rule)

**Article V: Transportation**

1. All students must use the school’s transportation to and from all activities when provided. Exceptions to this rule must be cleared in writing through the school administration prior to the event or the activity. Coaches may permit the participant to ride home with his/her parent or guardian.

2. Although the coach is responsible for the conduct of the group while on trips, the driver of the vehicle is the paramount authority on a school bus and all students must respect that authority.

**Article VI: Prerequisite**

Students who wish to participate in extra-curricular activities must not owe previous debts, fill out appropriate forms and provide required medical verification as needed before participating in any type of try-outs or practices.

**Article VII: Awards**

To receive a certificate or honor (e.g. Most Valuable Player) a student need not have purchased a student body card; however, to receive an award purchased by the student body (block letter, trophy plaque etc). A student must meet the following requirements:

- 1. He /she must have purchased a current student body card.
- 2. He/she must be a member of the activity at the conclusion of the season.
- 3. He/she must satisfy the participation requirements of the individual team.

**Article VIII: Activity Attendance policy**

Students must attend all regularly scheduled classes on the day of the activity to be eligible. All exceptions must be cleared through the school administration.

**NOTICE OF ATHLETIC TRANSFER RULES**

**Transferring from one school to another school may affect a student’s athletic eligibility under NCS or CIF rules. It is your responsibility to see the school principal for a copy of the eligibility rules. Students who transfer as a result of disciplinary action are subject to the conditions of Bylaw 210 and may be ineligible for one calendar year from enrollment in your new school. Go to [www.cifncs.org](http://www.cifncs.org) for further information. Click on “Eligibility Bylaw Forms”, then click on “Parent Handbook I – Transfer Eligibility.**

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This verifies that the undersigned have carefully read and understand the rules stated above and agree to abide with spirit of this agreement as stated or implied.

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Parent/ Guardian Signature

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Date

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Student Signature

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Date

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524).

By signing below, both the participating student-athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF Bylaw 200.D., there could be penalties for false or fraudulent information. We also understand that the Analy High School/WSCUHS District policy regarding the use of illegal drugs will be enforced for any violations of these rules.

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Caregiver

\_\_\_\_\_  
Date

### **VERIFICATION OF INSURANCE FOR ATHLETIC PARTICIPATION**

I certify that the named student is covered by insurance.

The name of the insurance company is \_\_\_\_\_  
I have either purchased the extra insurance for football coverage offered through the school, or I am satisfied with the coverage that my insurance provides. I hereby give authorization for my son/daughter to participate in athletics, including traveling with the coach to athletic events

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date

### **VERIFICATION OF LEGAL RESIDENCE**

I certify that the address listed here is the correct legal residence of the above student.

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

# ATHLETE/COACH EJECTION POLICY NOTIFICATION FORM

The following rules and minimum penalties are applicable to players and coach as adopted by the NSC Board of Managers on April 21, 1995 in accordance with national federation rules. This policy will include will include non-league invitational tournaments, post-season, league, section or state playoff, etc.

1. Ejection of a player from a contest for unsportmanlike dangerous conduct. **Penalty:** the player shall be ineligible for the next contest (non-league, league, invitational/tournament/event post-season (league, section or state) playoff, etc.
2. Illegal participation in the next contest by a player ejected in a previous contest. **Penalty:** the contest shall be forfeited and the ineligible player shall ineligible for the next contest.
3. Second ejection of a player for unsportmanlike or dangerous conduct from a contest during one season. **Penalty:** the player shall be ineligible for the remainder of the season.
4. When one or more players leave the bench (or dugout, etc.) to participate in an altercation. **Penalty:** the player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, league, invitation tournament, post-season (league, section or state) playoff, etc.

**I have read and understand the rules and regulations of the ejection policy. Athletes may not participate in any contest until this document is filed with the school.**

\_\_\_\_\_  
**Student Athlete's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent's Signature**

\_\_\_\_\_  
**Date**

**Sport** \_\_\_\_\_



# Preparticipation Physical Evaluation

## PHYSICAL EXAMINATION

Name \_\_\_\_\_ Date of birth \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_ % Body fat (optional) \_\_\_\_\_ Pulse \_\_\_\_\_ BP \_\_\_\_/\_\_\_\_ (\_\_\_\_/\_\_\_\_, \_\_\_\_/\_\_\_\_)  
 Vision R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ Corrected: Y N Pupils: Equal \_\_\_\_\_ Unequal \_\_\_\_\_

	NORMAL	ABNORMAL FINDINGS	INITIALS*
<b>MEDICAL</b>			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
<b>MUSCULOSKELETAL</b>			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand			
Hip (thigh)			
Knee			
Leg/ankle			
Foot			

\*Station-based examination only

## CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_

Not cleared for: \_\_\_\_\_ Reason: \_\_\_\_\_

Recommendations: \_\_\_\_\_

Name of physician (print/type) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of physician \_\_\_\_\_, MD, Do, PAC, RNP, or DC

## **ATHLETIC PARTICIPATION WARNING TO STUDENTS AND PARENTS**

By its very nature, competitive athletics may put students in situations where serious catastrophic and perhaps, fatal accidents may occur.

Many forms of athletic competition result in violent physical contact among players, which may result in accidents, strenuous physical exertion, and numerous other exposures to injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks, or they chose not to participate. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By signing this form and granting permission for your student to participate in athletic competition, you the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risks exists.

If any of the foregoing is not completely understood, please contact Analy High School for further information.

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This verifies that the undersigned have carefully read and understand the above warning to students and parents.

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Parent/Guardian signature

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Date

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Student signature

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Date

# ANALY HIGH SCHOOL ATHLETIC PARTICIPATION EMERGENCY INSTRUCTIONS

Student Name \_\_\_\_\_  
*last name* *first name* *middle initial*

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

In case of illness or accident to the student named above; the school is authorized to proceed as indicated below. Number each item 1, 2, 3, 4 in order of desired action.

\_\_\_\_\_ Contact Mother \_\_\_\_\_ Phone \_\_\_\_\_  
(Name)

\_\_\_\_\_ Contact Father \_\_\_\_\_ Phone \_\_\_\_\_  
(Name)

\_\_\_\_\_ Contact Doctor \_\_\_\_\_ Phone \_\_\_\_\_  
(Name)

\_\_\_\_\_ Contact Relative \_\_\_\_\_ Phone \_\_\_\_\_  
or Neighbor (Name)

I request that my child receive first aid services whenever such services are deemed necessary. I authorize that my child be attended by a licensed physician and/or taken to the nearest hospital in the event that his/her condition deems it necessary. I will accept the judgment of the person in charge. This permit is effective until a written notice of cancellation is given by me.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Please list any significant health problems that might be significant to a physician evaluating your child in case of an emergency**

\_\_\_\_\_

