

Bulletin

Analy High School
February 4, 2010

- **Speeding Bullet?** Want to run faster than a speeding bullet? Then come and workout with Mr. Bourdon and speed training at tutorial today.
- **Abs of Steel?** Do you want abs of steel? Come do an ab only workout at tutorial in the weight room.
- **JC This Fall:** Are you headed off to the JC this fall? Interested in a career in Health? Dental Hygienist? Medical Assistant? Nursing? Pharmacy Tech? Cruise over to the Career Center to sign up to hear the guest speaker from Santa Rosa Junior College, or to get more info.
- **Love is in the air:** That means its time for singing Valentines! They are \$5 w/o a rose and \$8 w/a rose and they will be on sale this week and next week in the Quad. (If it's raining or cold, then in front of the office) Get yours today!
- **Haiti Earthquake Relief:** The recent magnitude 7.0 Earthquake left thousands of Haitians in need. We are extending the Haiti Earthquake Relief fundraiser through February 6th. This week make donations in your English classrooms. See if we can raise more in English classes then History. All proceeds go to American Red Cross, then directly to Haiti. So far we've raised a third of what we can give. It's up to you now!
- **Safe School Ambassador:** Meeting today during lunch in the Ceramic room. See you there!
- **It's Friday:** Where can I find an invisibility cloak? How can I win super prizes? What plays at 12:25 on Friday on channel 60? The answer: It's Friday! Be sure to watch this week!
- **Avoid the Construction Area!** Students during construction of the new cross walk please use the west side (bike trail) of High School Road. Please avoid the construction area and use caution when crossing the street.
- **Marines:** For those of you interested in pursuing a career in the military...there will be a Rep from the Marines available to speak with students today during lunch in the Career Center.
- **141:** Meets today after school room 103. Parent night next Tuesday. Congratulations on Tuesdays Press Democrat front page articles!
- **Attention seniors:** The yearbook student ad deadline has been moved back to February 21st. Let your parents know that it's not too late to get your recognition ad in the yearbook.
- **Seniors:** It's not too late to get your senior packages. Get yours today if you haven't already. See Brigitte in the ASB office.
- **Cal Grant + FAFSA = Money for College!** Seniors don't forget to submit your Cal Grant application! Drop it off in the main office. FYI Attend cash for college workshop. Saturday, February 6th 11:30. SRJC, Plover Building. At least one student in attendance will win a \$ 1000 scholarship!
- **Fresh Visions:** Sebastopol Center for the Arts presents the work of Analy Visual and Performing students January 8th –February 7th.
- **Blood Drive:** February 12th in the small gym. Sign up in the Health Tech Office. You must weight 110 pounds or more. Must be 16 or older (waiver needed for 16 years old) and bring a photo ID. Free food!
- **Students:** Remember to bring your student ID cards to all games! At home games, if you have a valid sticker you are admitted for free. ID card without sticker is \$3.00. If you don't have your ID card it's \$7.00

Tiger Athletics

- **Today:** Boys Basketball Frosh 4:30/JV 6:00/Varsity 7:30 vs. Healdsburg High bus departs at 3:00pm.
- **Friday:** Girls Basketball at home Frosh 4:30/JV 6:00/Varsity 7:30 vs. Healdsburg High.
- **Saturday:** Wrestling Ukiah Invitational bus departs at 5:20am. Boys Basketball Frosh 1:30/JV 3:00/Varsity 4:30 vs. El Molino bus departs at 12:15pm. Girls Basketball at home Frosh 4:30/JV 6:00/Varsity 7:30 vs. El Molino.

Spring Practice begins Monday, February 8th.

You must have your Sports Clearance before you can participate.